



The Life Review:

Discover Your Story

The UMSL Life Review Project offers older adults an opportunity to record life stories to share with family and future generations. Dr. Tom Meuser, Director of Gerontology and coordinator of the project, will discuss the project and the value of reminiscence. Join us to learn how to do your own review. *Registration required.*

- **Rock Road Branch:**
Thursday, February 4, 2:00 p.m.
- **Daniel Boone Branch:**
Wednesday, March 16, 10:00 a.m.
- **Grant's View Branch:**
Friday, April 29, 10:00 a.m.

Presented in association with:



"Productive Aging Through The Arts"

UMSL



St. Louis County **Library**

Program sites are accessible. Upon two weeks' notice, accommodations will be made for persons with disabilities. Call 314-994-3300 or visit www.slcl.org.

