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CASEfest Calendar



FOR IMMEDIATE RELEASE

Name: Lynn Friedman Hamilton

Email: lynn@maturityanditsmuse.org

CASEfest sponsors collaboration for three varied arts organizations.

***CASEfest is Making St. Louis a Great Place to Artfully Age
In its third year, Celebrating Art for Senior Engagement Festival is April
19-29 highlighting dozens of art-related venues and events across the St.
Louis region***

[St. Louis, Missouri, April 26, 2018 -] The arts matter, and they make a huge difference in helping people age gracefully, especially to the mental and physical health and well being of older adults. Just Google it, or ask your favorite reference librarian and they'll tell you. If you've ever picked up a paintbrush or a charcoal pencil, danced, sung, acted, played an instrument, photographed subjects, or any other of the numerous art-related activities, no

matter what age you were (or are) you felt your creative juices flowing. You probably even felt a little more energetic, more alive.

These are all reasons for Celebrating Art for Senior Engagement, also known as CASEfest. And it's happening across St. Louis April 19-29 with more than 80 events to choose from during the 10-day period. In its third year, simply put, CASEfest is the premier and only area-wide festival dedicated to art and seniors in the region. Partnerships matter and CASEfest takes pride in engendering them.

One of these alliance events is April 28 from 10:30 a.m. - 12:00 p.m. at the St. Louis Artists' Guild (12 Jackson Ave., 63105) where Grupo Atlántico will bring to life the legend of the Wayuu Indigenous people of the Guajira peninsula of Colombia and Western Venezuela through visually and audibly stunning dance, music, poetry, and costume. Celebrating Art for Senior Engagement has collaborated with St. Louis Artists' Guild and St. Louis Storytelling Festival to bring you this presentation, "Wayuu Myth and Cumbia Dance." This collaboration is a fine example of St. Louis arts organizations joining together to bring quality arts to the St. Louis area. The morning (10:30) begins with a festive meet and greet of performers followed by the program of storytelling, music, and dance (11:00 a.m.).

From the Saint Louis Art Museum and Contemporary Art Museum St. Louis to other area galleries, St. Louis County Library branches, Circus Flora, St. Louis Symphony and more, arts events, dance, music, and other programs and events can be found for people of all abilities and interests including intergenerational opportunities. You can find an up-to-date calendar of the 80-plus CASEfest events across the region online at maturityanditsmuse.org/calendar. The majority of events are free, however a few may cost or ask for pre-registration.

Maturity and Its Muse, through a grant from The Kahn Foundation of Temple Israel, will offer transportation to this and all other events. Please contact lynn@maturityanditsmuse.org for help with this service.

Sponsors of this year's CASEFest include: The Kahn Foundation of Congregation Temple Israel, Ladue News, Harvey A. Friedman Center for Aging at Washington University, and St. Louis Oasis.

Celebrating Art for Senior Engagement is presented by Maturity and its Muse, a 501 (c)(3) not for profit with the mission to promote positive and productive aging.

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If you would like more information on this topic, please email Lynn F. Hamilton at Lynn@maturityanditsmuse.org.

Need transportation to any of our events? Please email lynn@maturityanditsmuse.org. She will do her best to be sure you get there!

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www.maturityanditsmuse.org

Contact:
Lynn Hamilton
lynn@maturityanditsmuse.org
(314) 420-1444

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