



Celebrating Art for Senior Engagement

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Welcome to the third 2017 ***Celebrating Art for Senior EngAgement*** newsletter!

We are excited to feature the following events that inspire our community's seniors and their creative endeavors. The following events combine creative expression, movement, and mind-provoking ideas that will stimulate anyone's growing relationship with the arts. For more events, please visit Maturity and its Muse's updated [calendar](#).

We know you will enjoy the partnerships we have instigated...with you, in mind.

A Gallery Talk with artist, Barbara Holtz, and Olivia Lahs-Gonzales, Director of The Sheldon Art Galleries

Tuesday, April 25th, 12 – 1P.M

The Sheldon Art Galleries

3648 Washington Blvd. St. Louis, MO 63108

A Gallery Talk with artist, Barbara Holtz, and Olivia Lahs-Gonzales, Director of The Sheldon Art Galleries. The Sheldon Art Galleries presented an exhibit of Barbara Holtz's work in the Fall of 2014, called Barbara Holtz: Retrospective. As a painter, Holtz's expressive use of line and color, often with collaged elements, illuminate very personal narratives about family and her own inner world. A graduate of the School of Journalism at the University of Missouri in 1946, Holtz also studied at the New School of Social Research in New York from 1948-1949. She worked in New York as an advertising copywriter and a television production assistant. Born in Boston, Massachusetts in 1924, Holtz studied painting at Washington University in the early 1960s. A multiple award winner for her work, she has been included in numerous group exhibitions both nationally and internationally. In December 2016, Barbara Holtz celebrated her 92th birthday. For information: Paula Lincoln, [314-533-9900](tel:314-533-9900) ext. 37 or plincoln@thesheldon.org The Sheldon Art Galleries 3648 Washington Blvd. St. Louis, MO 63108



Olivia Lahs-Gonzales, left; Barbara Holtz, right.

Moving for Health; DANCING the SPIRIT

April 26th, 2017, 10:30-11:30 P.M.

Kirkwood Presbyterian Church

100 E Adams Ave, St. Louis, MO 63122

Attendees will enjoy Alice Bloch and Dancers performing a selection of her dances and choreography by the historic modern dancer, Isadora Duncan. A brief audience movement experience done in chairs will stress core strength, coordination and balance, stress relief, and the creative imagination. Attendees will rediscover the joy of movement in a class especially designed for older adults.



ALICE BLOCH, EdD, Temple University; MA, UCLA is a 5th generation Isadora Duncan dancer. Alice recently served as a consultant for the Crystal Bridges Museum of American Arts' Art of American Dance exhibit, she performed and led docent training. Alice teaches dance for seniors at COCA and leads movement exercises for the Mildred Lane Kemper Art Museum at Washington University's KARE (Kemper Art Reaches Everywhere) Art & Alzheimer's program. She was the lead dance writer for The Encyclopedia of Religion and Culture. An Arts Integration specialist, Alice teaches science, literacy, and peace-making workshops and residencies. She is on the boards of the Missouri Alliance for Arts Education and the Missouri Dance Organization.

Banjo Music at the Schafly Bottleworks in Maplewood

Thursday, April 27th, 7:30-9:30 P.M.

Schafly Bottleworks, Maplewood

After years playing at renown athletic hall in South City, the St. Louis Banjo Club is pleased to be performing in Maplewood at famous Schafly Bottleworks. Please welcome the Club and join in the singing and shoe tapping. You'll be happy you did!

Schafly Bottleworks is located at 7260 Southwest Avenue (at Manchester) 63143. Come for greafooddrink, and wonderful music.



BANJO MUSIC AT THE SCHAFLY BOTTLEWORKS IN MAPLEWOOD

***Four-string Banjos will be coming to the
Schafly Bottleworks on Thursday,
April 27, 2017 from 7:30 to 9:30 PM.***

This is a **FREE** performance of music from the first half of the 1900s. Tin Pan Alley tunes like "Five Foot Two", "Side by Side" and "Let me Call You Sweetheart".

Here is your chance to listen to 15+ banjos along with a horn or two playing songs that you will remember with words that tell a story.

Schafly is located at 7260 Southwest Avenue (at Manchester) 63143. Come for great food, drink and wonderful music.

**For more information, call 314-842-3185
or visit: stlouisbanjoclub.org**

ArtAGE:

We are pleased that churches, community centers, ministries, libraries, and facilities of all kinds are enthused about and have signed up to participate in ArtAGE. If you know of a group that you think this will be a good fit for...please share the following flyer or call us and we'll contact them on your behalf.



An invitation to join other communities of seniors for ArtAGE: the first area wide showcase of St. Louis seniors creating self-portraits.

WHO: You and those in in your facility/ elder community/ older adult congregate group.

WHAT: An art project for seniors to depict themselves in the world today.

WHERE: At your location.

WHEN: Suggested dates for production are April 20 - April 28 (or you select when).

HOW: We've got you covered! Say "Yes!" and be on the lookout for packets of exciting ideas for art activities, instructions for making the portraits happen, and ways to get the supplies you will need.

Then what happens?

Please invite your senior's family and friends on Saturday, April 29th or April 30th (suggested dates) to see what they created!

Want to join in the fun & participate? Of course, you do!
To sign up your art-friendly location for this opportunity:

Call us: 314-420-1444 or email us: lynn@maturityanditsmuse.org
Please see reverse side for additional information

Thank you to our partners:

The logo for the Harvey A. Friedman Center for Aging includes a crest and the text 'Harvey A. Friedman Center for Aging' and 'INSTITUTE FOR PUBLIC HEALTH AT WASHINGTON UNIVERSITY'.

Photo Credit: Max Blain

***We are proud to let you know about our 2017
festival media support from:***

Ladue News

We are so enthused and thrilled to have Ladue News featuring CASEfest! It's terrific to know that all the news about Celebrating Art for Senior Engagement will be available everywhere!

From their website:

<http://www.laduenews.com/site/about-us/>

"Ladue News has been a part of the St. Louis community for more than three decades. Throughout the years, we've tried our very best to honor our commitment to you by delivering the community highlights you've come to expect from our publication: unparalleled society and charity coverage, exclusive interviews with local and national luminaries, the latest in real estate, business and financial news, health innovations from our town's top medical experts, home and design know-how, the freshest fashion looks and beauty picks, and the very best in dining, travel and entertainment.

We take pride in being your neighborhood paper. With a distribution of more than 45,000 papers every week, we delight in knowing that no matter where you live along St. Louis' central corridor, there's always a copy of Ladue News with your name on it."

Look out for more about the festival in future newsletters! We'll have loads of events to share...so be sure to save room on your calendar for CASEfest April 20-30.